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Caring for Thoughts and Feelings

The human being, in himself/herself and in his/her behaviour, shall not become something which is dangerous to others, rather he/she must care for his/her thoughts and feelings in the form that he/she is rejoiced by love and happiness, so that he/she can take joy in the well-being of all.

Gedanken und Gefühle pflegen...

Der Mensch soll an sich und in seinem Verhalten nicht zu etwas werden, das für andere gefährlich wird, sondern er muss seine Gedanken und Gefühle in der Weise pflegen, dass er von Liebe und Glück erfreut wird, dass er sich am Wohlergehen aller erfreuen kann.

Billy SSSC, 7.1.2011, 15:24

“The Pied Piper’ or ‘A Prophecy of BEAM is fulfilled again’

Vibka Wallder

This is the title of an article by Mariann Uehlinger, which she wrote for a forthcoming FIGU Bulletin and which she kindly shared with me, because this important information needs to be spread as widely as possible, so here I will give a summary/translation of Mariann’s article.

To begin with Mariann quotes the following sentence from the book ‘Prophetien und Voraussagen’ (Prophecies and Predictions) by Billy:

241. “1995 will also be the year in which slowly a new mighty one will begin to develop, who wants to charm the world and gather followers around him, like the Pied Piper of Hamelin once did, which is why, in one prophecy, he is also called the Pied Piper.” (p. 405)

241. „1995 wird auch das Jahr sein, in dem sich ein neuer Mächtiger langsam zu entwickeln beginnt, der die Welt bezirzen und Anhänger um sich scharen will, wie einst der Rattenfänger von Hameln, weshalb er in einer Prophetie auch Rattenfänger genannt wird.“ (S. 405)

(The readers unfamiliar with the tale about the Pied Piper of Hamelin can read about it [here](#).)

Recently Mariann came across an article that mentioned three teenagers being intercepted on their way to Syria to join IS, which reminded her of the prophecy. And a search on the internet shows that various media have compared Abu Bakr al-Baghdadi to the Pied Piper, e.g. in this [article](#) on the website ‘Left Foot Forward’, from which Mariann quoted the following:

“Who knows what will eventually become of Baghdadi’s caliphate? No doubt the Pied Piper will be fluting to Jihadists across the globe, before frogmarching them off to war.”

So is Abu Bakr al-Baghdadi the Pied Piper referred to in BEAM’s prophecy?

Mariann quotes from contact number 593, from Saturday, 2nd August 2014:

Billy

«In der Ost-Ukraine gibt es immer noch keine Ruhe mit den Separatisten, wie auch nicht im Nord-Irak mit der ISIS-Verbrecherbande. ... Im Nord-Irak wüten die ISIS-Mörder, ermorden massenweise Zivilisten und Andersgläubige und wollen einen Gottesstaat erschaffen, wobei auch Neu-Islamisten aus diversen nichtislamischen Staaten mitmischen.»

Billy

“In the East-Ukraine there is still no rest with the separatists, as is also the case in North Iraq with the ISIS gang of felons ... The ISIS murderers cause havoc in North Iraq, murder civilians and believers of other religions on a huge scale and want to create a theocracy, whereby also New-Islamists from various non-Islamic states get involved.”

Ptaah

«Richtig. .. Aus vielen Ländern, so auch aus Deutschland, der Schweiz, England, Österreich, Italien, Spanien und Frankreich sowie aus ehemaligen Ostblock-Staaten werden Christgläubige zum Islam konvertiert und dann islamistisch fanatisiert und radikalisiert. Auch aus arabischen und afrikanischen Ländern sowie aus den USA, Kanada, in Asien und Südamerika werden in dieser Weise fanatisierte Islamisten gerufen, um beim ISIS, der sich nun IS resp. Islam-Staat nennt, mitzumachen und ihr Leben für die Wahnidee eines Irren einzusetzen, und zwar für den seit rund zehn Jahren totgeglaubten Terroristen Abu Bakr al-Baghdadi, der sich selbst zum Kalifen ernannt hat.

Auch Al Kaida ist noch immer am Werk und rekrutiert in gleicher Weise Leute. Die IS Mordenden werden sich nicht mit dem Nord-Irak oder mit dem ganzen Irak begnügen, denn das Machtstreben des Abu Bakr Al-Baghdadi ist grenzenlos, folglich er auch in Syrien ganze Provinzen unter seine Macht zu bringen versucht, um dann immer weiterzugehen, weil ihm in seinem Wahnsinn vorschwebt, dass er Andersgläubige oder einfach Andersdenkende durch Massenmorde und Völkerausrottungen beseitigen sowie durch grenzenlose Zerstörungen die ganze Welt erobern und zu einem Gottesstaat machen könne, wie das einst Hitler erzwingen und er eine irdische Arier Menschheit heranzüchten wollte.»

Ptaah

“Right. ...From many countries, thus also from Germany, Switzerland, England, Austria, Italy, Spain and France, as well as from former Eastern-bloc states, Christian believers are converted to the Islam and then fanaticised and radicalised in an Islamist form. Also from Arabic and African countries as well as from the USA, Canada, in Asia and South America, fanaticised Islamists are called in this wise, in order to participate with the ISIS – which now calls itself IS, that is to say, Islamic State – and to put their lives on the line for the delusional idea of a lunatic, in fact for the terrorist Abu Bakr al-Baghdadi, who was believed to be dead for the last ten years and who has appointed himself caliph.

Also Al Qaeda is still operating and recruits people in the same wise. The IS murderers will not be content with North-Iraq or with the entire Iraq, because the striving for might of Abu Bakr al-Baghdadi is boundless, consequently he also tries to bring entire provinces of Syria under his might, in order to go even further, because in his insanity he has in mind that he could eliminate believers of other religions – or simply the ones who think differently – by means of mass murder and exterminations of peoples, and that he could conquer all of the world through boundless destructions and turn it into a theocracy, just as Hitler once wanted to enforce and cultivate an earthly Aryan humankind.”

On 24th October, 2014, Mariann asked Billy, whether Abu Bakr al-Baghdadi is the Pied Piper referred to in the prophecies, which Billy confirmed. He also told Mariann that this is a highly dangerous situation. So therefore she writes:

“If this murder, pillage and destruction is not stopped, everything will spill over to all countries of Earth, and indeed from inside as well as from outside. Not only important cultural heritage – as, for example, in ancient Mesopotamia, the land between Euphrates and Tigris – will be destroyed by means of war, robbery and terror, but besides the ferocious slaughter of the ones that think differently – to which already normal and progressive thinking Muslims belong – also all our scientific and medical inventions and cognitions, as well as our entire knowledge written down in books and texts is in danger of falling victim to this fanatical conquest-delusion-anger that is out of control of the good human nature. This gang of murderers and felons only knows brutal [Gewalt](#) that the weak western society has nothing to counter with, or at the most, a few wrongly humane offers of help. The half-hearted bombing of the fanatical IS gang through the US Americans and the French is really preposterous.

The pied piper Abu Bakr al-Baghdadi is just as greedy for world-might as the Christians were, when, in Alexandria during the 4th century AD (exactly at 367 AD), they initiated a deadly persecution against owners of non-Christian scrolls, which emperor Constantine, with his dumb edict, extended to mathematical sciences in 409 AD.

Not only did a greater number of human beings fall victim to this deadly persecution, but in regard to consciousness, knowledge and ability, it also threw the humankind of Earth back by centuries, **which could happen to us again.”**

A further quote Mariann found demonstrates how dangerous the current situation could be for the evolution of all of us.

During the 498th contact on July 31, 2010, Ptaah expressed himself in regard to the Christian destruction-insanity, among other things, as follows (see Pleiadian-Plejaren Contact Reports, Block 12, pages 190-191):

Ptaah «... Was gesamthaft weitem in Rom, Kleinasien und Griechenland usw. vollständig vernichtet wurde, beläuft sich gemäss unseren Annalen auf rund 1 341 700 naturwissenschaftliche Schriftrollen. Viele der Handschriften beschrieben sehr wertvolle medizinische Erkenntnisse und Techniken, nebst eigentlichen technischen Erfindungen, die, wären die Aufzeichnungen und Pläne erhalten geblieben, dazu geführt hätten, dass die Erdenmenschen schon vor mehr als 200 Jahren den Weltenraum erobert und andere Planeten besiedelt hätten. ...»

Ptaah "...That which altogether was completely destroyed right across Rome, Asia Minor and Greece, and so forth, according to our annals, amounts to about 1,341,700 scrolls concerning natural science. Many of these hand written texts described very valuable medical cognitions and techniques, along with actual technical inventions, which, if these records and plans had been preserved, would have led to the human beings of Earth conquering the outer space and settling on other planets already more than 200 years ago. ..."

The closing words of Mariann are:

"Human being, wake up! Again humanity is in great danger of falling victim to a fanatical, global, deadly belief-delusion-persecution!"

Since Mariann sent me the above article there has been an email exchange between her, Patric Chenaux and Michael Horn, and I just want to share with you some important explanations from those emails.

Mariann: "When I had my chat with Billy on October 24, 2014, there was also talk about the Kurds and their problem of not getting help from others. Not from Turkey, not from the USA or France nor from others, although once the IS would be in Turkey, Italy would not be too far. Billy said that against the Gewalt of the IS-murderers and felons you can set nothing else but Gewalt as well. That is all they understand. Fanatics are not open to logic; that is why [gewaltsame Gewaltlosigkeit](#) wouldn't work. We in the West are far too weak. Billy also said that the only country that wouldn't acquiesce in this murderous IS was Russia. They would defend themselves. Since the IS is not the only gang of felons, we have to defend our valuable freedom and all our knowledge – and the equality of men and women."

Patric (after speaking with Billy): "Unfortunately it's quite too late to defeat the IS with the use of "Gewaltsame Gewaltlosigkeit", because in the meantime the IS has become much too strong. There was a time in the past – quite a couple of month ago – when it was still possible to send out a kind of special forces unit into the areas, where Baghdadi, the head of IS, and his ringleaders and followers were located, in order to take them out by arresting them or by killing them if there weren't any other possibility. In that way the IS could have been defeated from its inside, in a logical wise, by using the lowest possible use of Gewalt. But this isn't possible anymore, because unfortunately Baghdadi is now protected quite too well. The only realistic way that still exist to overcome the IS, is to use brute Gewalt (brute force), but still in reasonable and logical wise. This means that only a kind of a huge multinational army could help, which should be a compound of all armies of each country of the entire world or at least an alliance of all countries around Iraq and Syria completed with strong armies of countries such as the USA, England, France, Russia and China, etc. The amount of soldiers of this multinational army should outnumber at least treble the soldiers of the IS army (which already has around 100 000 soldiers – men and women). And the soldiers should be armed with the best and newest weaponry and supported with all kinds of military equipment such as tanks, fighters and tactical missiles, etc., etc. Only with this huge and powerful army, the IS could be defeated as quickly as possible and therefore with the least possible amount of war dead (men and women) as well. Because of being radicalised and fanaticised, the IS soldiers should be arrested with a life sentence and banished to islands or regions far away from the civilisation and without having any possibility to communicate with the outside world.

Unfortunately, if the USA, under the command of George W. Bush, never had conquered Iraq and tracked down Saddam Hussein and killed him, Saddam Hussein would have had the ability – beside armed Kurdish fighters, called Peshmerga (who ironically helped the USA in its mission to capture Saddam) – to control Baghdadi and the IS. Hence the United States of America has to take the main responsibility for this evil outcome – as almost always. But right now the USA has the opportunity to react in a wise manner and encourage the UN and as many other countries as possible to join a kind of peace multinational army in order to protect peace, our freedom and all good and true human rights from the evil IS and therefore from the peril of falling back into the dark ages.

References

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From the Art zu Leben / The Way to Live

Verse 296: To true human beings, the truth is more than fire, water and air, and no human being has ever died from the truth itself; but human beings die through fire and water and through lack of air, if they disregard the truth of their deadliness during misuse.

Wahrheitlichen Menschen ist die Wahrheit mehr als Feuer, Wasser und Luft, und an der Wahrheit selbst ist noch kein Mensch gestorben; Menschen aber sterben durch Feuer und Wasser und durch Luftmangel, wenn sie die Wahrheit von deren Tödlichkeit bei Missbrauch misachten.



How our practise of attentiveness leads to true love

Or, why practise meditation?

Vivienne Legg

I can think of three fundamental areas of our lives that we cannot handle properly without an ability to be truly attentive. Firstly, given that we forge our own destinies with the power of our thoughts, then, to work on our consciousness evolution, we need to pay attention to what we think. Secondly, if we want to give true respect to all life-forms and therefore behave appropriately towards them, we have to be able to notice their true nature, which can't be done without attentiveness. Thirdly, if the true love which is necessary for evolution comes from fine-spiritual-perception itself, then we need to have enough attentiveness to achieve that fine-spiritual-perception. In fact, we have to practise attentiveness to start to appreciate what the term "fine-spiritual-perception" might even mean.

But usually we Earth human beings have very little ability to be attentive. We are so easily distracted. Our focus just isn't there, which is why the renewed teaching emphasises the importance of meditation practise. I know for myself that it was only by starting to practise attentiveness that I realised how little of it I had before.

In *Die Art zu Leben* (The Way to Live) no. 415, Billy writes, "For unpractised human beings it is extremely difficult at first to undistractedly remain in the nature of the consciousness for even just a short moment, not to mention, being able to comprehend a feeling, a thought, a fine-spiritual perception, or an emotion in the moment in which it arises. And even to achieve a self-liberation demands very much, which can only be attained through extremely hard and untiring work on oneself.

"Für ungeübte Menschen ist es anfänglich äusserst schwierig, auch nur für einen kurzen Augenblick unabgelenkt in der Natur des Bewusstseins zu verharren, ganz zu schweigen von der Fähigkeit, ein Gefühl, einen Gedanken, eine Empfindung oder eine Emotion im Augenblick ihres Entstehens zu erfassen. Und gar eine Selbstbefreiung zu erreichen gelangt bereits in Höhen, die nur durch äusserst harte und ausdauernde Arbeit an sich selbst erlangt werden kann."

Billy does not mince words in his various texts including *Die Art zu Leben* (The Way to Live). If we want to turn our world around, we have to make a huge effort to transform our thinking and all that goes with it because, as a rule, our thinking is uncontrolled and undisciplined due to a very entrenched habit of not taking responsibility for our own consciousnesses. Instead we wait for a god or other external imaginary factor to make the necessary life changes for us. It's like those of us who have otherwise properly functioning bodies waiting for someone else to lift up our bodies and move them along the street. That would result in a useless, weak body that is actually also a burden to others. But we have the controls for our destinies within us. The renewed teaching is the instruction manual.

We don't often think of things such as true love and reverence for life as being coupled with the concept of thoroughness, which is what attentiveness is. We tend to think of reverence and love as some sort of lofty things and thoroughness as something for the mundane and practical world. But, I keep noticing more and more examples of how mistakes in those so-called lofty areas occur because of a lack of thoroughness - through inattention to detail, through carelessness, through inattention to reality.

Far from being a discouraging criticism, I see this advice about our lack of attentiveness as an extremely welcome piece of news. The fact that we actually do have a tool in our tool box that we haven't adequately used yet and which will allow us to turn this mess on Earth around, starting with our own consciousnesses, gives me cause for enormous optimism.

In *Einführung in die Meditation* (Introduction to the Meditation), p.133, Billy explains, "... 53. It is the case that the highest degree of thoroughness is also used with the methodical development of pure attentiveness itself. 54. Not being thorough contradicts the spirit of the pure attentiveness and consequently condemns all efforts and the unfolding of them to fail and it excludes all prospects for success. 55. In the material schooling of the consciousness, success is only guaranteed when thoroughness is already laid into the foundations. 56. Only thereby is the success able to ensue and stretch into the future."

"...53. Gegeben ist, dass auch bei der methodischen Entwicklung der Reinachtsamkeit selber ein höchster Grad von Gründlichkeit Anwendung findet. 54. Nichtgründlichkeit widerläuft dem Geiste der Reinachtsamkeit was folgerichtig alle Bemühungen um ihre Entfaltung zum Scheitern verurteilt und jegliche Erfolgsaussicht ausschliesst. 55. Es gewährleistet in der materiellen Bewusstseins-schulung ihr erst dann einen Erfolg, wenn die Gründlichkeit schon in die Grundlage gelegt wird. 56. Erst dadurch vermag sich der Erfolg einzustellen und in die Zukunft zu erstrecken."

And when we are thinking, how many trains of thought do we actually finish? How many ideas do we even complete? It is so easy to ride along on a life-forming thought process until it gets a bit wearying or boring, and then simply abandon it. Or we get distracted by something that seems more rewarding in the short term. If we forge our destinies with our thoughts, then it follows that we need to pay attention to their thoroughness. Are there bits missing in our dreams for the future? Did we leave out some important detail? Did we neglect to line all our dreams up to see if they merge harmoniously? Did we think something good and then neglect to do it? Did we feel something important and then neglect to express it? Do we follow up after initiating something new, or do we allow our initial enthusiasm to fall away out of lack of love of completeness?

See how, in the following section from *Die Art zu Leben*, Billy links the practise of attentiveness with overcoming many negative things as well as with the experiencing of fine-spiritual-perceptions.

"... 412. The practice of the attentiveness in a meditative state as well as in a waking state removes the stressing negativity just as it does the aggressiveness, tempestuous feelings and surging emotions, the powers of which often call forth unpleasant situations, which one normally tries to prevent. But all the negativities must not be oppressed by means of Gewalt, [force, coercion, pressure, etc.] because this would lead to blockages and inevitably again to later explosions. Therefore it is important that one meets everything neutrally and indeed also the thoughts. Everything must be dealt with using acceptance and generosity, through an open and broad, equalised-harmonious consciousness, which is encouraged to this state through the practise of attentiveness. This wise approach conveys to the human being fine-spiritual-perceptions and a feeling of the limitless freedom as well as warmth and comfortableness, as a result of which he/she feels enveloped, sheltered and protected."

"Die Übung der Achtsamkeit in meditativem sowie in wachmässigem Zustand löst die spannende Negativität ebenso wie auch die Aggressivität, stürmische Gefühle und wallende Emotionen, deren Kräfte oftmals unerfreuliche Situationen hervorrufen, die normalerweise zu verhüten versucht werden. All die Negativitäten dürfen aber nicht gewaltsam unterdrückt werden, denn dies würde zu Stauungen und zwangsläufig wieder zu späteren Explosionen führen. Also ist es wichtig, dass man allem neutral begegnet, und zwar auch den Gedanken. Alles muss mit Akzeptanz und Grosszügigkeit behandelt werden, durch ein offenes und weites, ausgeglichen-harmonisches Bewusstsein, das durch die Übung der Achtsamkeit zu diesem Zustand angehalten wird. Diese weise Vorgehensweise vermittelt dem Menschen Empfindungen und ein Gefühl der grenzenlosen Freiheit sowie Wärme und Behaglichkeit, durch die er sich eingehüllt, geborgen und beschützt fühlt."

Finally, if we consider the teaching about the nature of true love, then it seems to be saying that even a lack of love is ultimately the result of lack of thoroughness in paying attention to reality.

FLAU AGM, November 2014

Bianca Recht

Yet another year has come to pass. Our small FLAU group united for the AGM on a farm outside Melbourne, as it has every other year. Some members could not join us but the atmosphere was grand none the less.

As thousands of kilometres separate us and create a natural barrier that prevents opportunities for sharing deeper relationships, we always feel very excited when we meet face to face and very much look forward to this gathering. The farm location is far enough from the chaotic city life, where the green pastures and rolling hills add fruitful benefits to a transition to tranquil moments in our thoughts. The weather was hot, the native birds were rowdy, the bees were buzzing and the smell of freshly cut grass filled the air and made us feel like nothing matters because our strength lies within our individual consciousnesses and in Billy's spiritual teaching – it was difficult not to smile and feel the peaceful moments, and be glad to be alive.

As part of our spiritual teaching, Vivienne read her lecture as a practice run for her talk in Sydney and, as always, a few people joined us over Skype.

The time we spend together is always an opportunity to discuss worldly matters and how we see ourselves in the greater scope of things and the worldly events. Naturally, we were contemplating how helpful it would be if we had the knowledge FIGU members in Switzerland have directly delivered from the Plejaren and from Billy, in which case much of our own guesswork would be eased. Still, however small a group we are, we are moving forward, doing our utmost to help FLAU expand and flourish and always live in hope that those who know of us will not shy from joining us on this fascinating journey.

Personally, I very much look forward to meeting our members as each reunion makes it all more real. And so after our meeting, we sat and chatted about the world events that came to pass and some which are yet to be fulfilled as per the ancient prophecies, delivered to Billy. And on a closing note, we all arrived at one firm conclusion and that is, that no matter what, we - as FLAU members individually and as a group - will continue fulfilling our duties to ourselves, to the mission and to this world as best we can as part of the "Quiet Revolution of the Truth", no matter how small the steps may be. We will not allow fear and negativities to pull us down, because it is up to us to shine a beacon of hope for all those who are searching for the simple truth and we must enthuse many with a sage saying... "Live and help live".



Professor Emeritus James Warner Deardorff

August 28, 1928 - December 28, 2014

Dyson Devine

I think very few people - even those who know of Jim's heroic work to reveal the truth - have anywhere near an adequate idea of how important his lonely work actually was. His excellent qualifications were seemingly recognised by people of inconceivably other-worldly levels of love/wisdom. Jim's series of UFO sightings in the 1980's, where the common factor was a frustratingly coincidental absence of witnesses, seems to testify to the extraterrestrial interest in his work. Jim seems to have been intelligently prompted to bravely volunteer to do the work he did.

Three of his many, many published, peer reviewed, scientific papers relate to his solution to Fermi's Paradox. They are Jim's "leaky embargo"/"semi-plausible deniability" hypotheses. They are absolutely required reading for anyone still in denial about the indisputable mathematical reality of Drake's Equation.

It was a joy to correspond with Jim, whose brilliant and scientifically objective approach to Billy Meier's complex case was a breath of fresh air. Jim offered his astute observations from a very intellectual perspective which will not be well appreciated until centuries of consciousness-evolution have passed. But as certainly as night follows day, Jim's true, unique significance to the saving of our sad planet WILL obviously someday be more fully recognised. It's obvious that, collectively, we would not be where we are now, were it not for his ground-breaking efforts. And I'd like to mention that the fact that the recent Plejaren revelation - that Rashid's Talmud Immanuel translations (from Ancient Aramaic to German) were very much in error - hardly detracts from Jim's exhaustively referenced exegesis of the New Testament correlations, given that, among other things, it still reveals the relative cohesion and logic of the Talmud Immanuel compared to the erratic and disjointed book of Matthew. Similarly, his research and organisation of the beamship-witness reports, etc., as well as his pioneering scientific analyses of the beamship photos, etc., make his labyrinthine website not only a living resource, but a living testament and memorial to the uniquely valuable work that went into producing it. I'd love to see tjresearch.info safely archived somewhere intact.

But we know we are so much more than just our frail and mortal bodies, and a fragment of Jim's consciousness will survive on Earth through his many published works, as his evolving spirit moves on. I grieve now for our loss, but I'm SO pleased that Earth got its Jim Deardorff, and I'm personally very honoured that I was given the opportunity to help him with his vital work, and call him my friend.

We will remember him lovingly and offer heartfelt condolences to his loved ones.

